



Qualsafe Level 2 Award in Basic Life Support for Adults and Children (RQF)



½ day
course



Ofqual
regulated



Certificate
valid for 1 year



Course Overview

Would you know what to do in an emergency?

The **Qualsafe Level 2 Award in Basic Life Support for Adults and Children (RQF)** is a regulated and nationally recognised qualification designed to equip candidates with the essential skills needed to administer safe, prompt and effective basic life support in an emergency situation.

Perfect for those who have a specific responsibility at work, or in voluntary and community activities to provide basic life support for adults and children. It is also ideal for qualified first aiders who are looking to refresh their knowledge.

What's Covered?

- ✚ Assessing an incident
- ✚ Managing an unresponsive casualty who is **not** breathing normally:
 - Recognising when to commence CPR and defibrillation
 - Adult, child and infant CPR and defibrillation
- ✚ Managing an unresponsive casualty who is breathing normally:
 - Assessing levels of consciousness
 - Opening the airways
 - Checking breathing
 - Recovery Position
- ✚ Managing choking
 - Recognising the signs of choking
 - Choking treatment for adults, children and infants

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